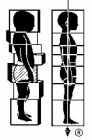


# FUNCTIONAL ANALYSIS: A ROLFING® MOVEMENT WORKSHOP FOR ROLFERS

WITH GAEL OHLGREN



**AN ASSOCIATED WORKSHOP IN  
COOPERATION WITH ERA**



**October 30th – November 1<sup>st</sup> 2008**

**At studio PHYNIX *tanzt***

**Hasenheide 54**

**10967 Berlin**

[www.phynixtanzt.de](http://www.phynixtanzt.de)

**Workshop time:**

Thurs.: 10.00 a.m. – 6.00 p.m.

Fri.: 9.00 a.m. – 6.00 p.m.

Sa.: 9.00 a.m. – 5.00 p.m.

**Participants get 3 Rolfing Movement Credits and  
Confirmation of participation from ERA.**

**The workshop is for cert. Rolfers.**

Please wear comfortable clothes for moving and if possible bring a blanket.

**Workshop language is English.**

**Price:**

Registration and payment until 02.10.2008 295€  
after this 325€

**3 Rolfing Movement Credits and Confirmation of  
participation from ERA are included at this Price.**

**Registration:**

Harriet Grzondziel

Karl-Kunger-Str. 3

12435 Berlin

E-Mail: [info\(at\)rolfingpraxis-berlin.de](mailto:info(at)rolfingpraxis-berlin.de)

**Information:**

Harriet Grzondziel & Thomas Pittner

Phone: ++49 30/ 53 21 91 91

*You find registration form und participation conditions at  
next site*

This workshop will focus on the basic principles of Rolfing Movement

- core
- support
- dynamic balance
- length
- integrity of movement
- harmony with gravity

By seeing and feeling these principles in others and in ourselves we can guide and teach functional well being. These principles in action help clients to listen to the signals of their bodies with greater clarity and wisdom. While seeing what the functional problems are, helps Rolfers with Rolfing strategy and teaching skills. Attention will be given to appropriate joint function during walking, bending, and lifting or carrying. We will also deepen understanding of the function and dysfunction of breath patterns.

From 1969-1970, Gael Ohlgren trained with Ida Rolf, afterwards training, as Ida had directed her to do, with Judith Aston whom Ida had assigned the task of developing the movement vision of Rolfing®. Over the next several years, Gael helped create the Rolf Movement teacher-training program and has since remained one of the



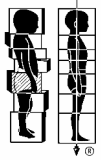
Institute's principal Rolf Movement instructors. Gael currently holds the title of Emeritus Rolf Faculty and continues to teach Rolfing® and Rolf Movement courses both through the Institute's continuing education program and as visiting professor. Gael is a licensed Continuum teacher, having studied the work for over 20 years, and is

also a member of Continuum's International Faculty, teaching in Europe, Japan and South America.

**More Information about Gael Ohlgren:**

[www.gaelohlgren.com](http://www.gaelohlgren.com)

# Registration for Workshop „ FUNCTIONAL ANALYSIS “



## A Rolfing® Movement Workshop with Gael Ohlgren

An Associated Workshop in Cooperation with ERA

**October 30th – November 1st 2008 at studio PHYNIX *tanzt* in Berlin**

Name:

adress:

phone:

E-Mail:

I've remit the invoice amount of

295€

325€

yes  no

Date

Signature

*The registration is valid after receiving the invoice amount at our bank account:*

Bank: Dresdner Bank  
Remittee: Harriet Grzondziel -  
Account number: 02 692 375 00  
BLZ: 100 800 00  
Reason for payment: RM Gael 10.08

### Participation conditions and cancellation

The workshop is for cert. Rolfers. A confirmation of participation and Movement Credits from the ERA are included at this price.

Participation affirmation is incoming payment of 100 Euro at our bank account:

Bank: Dresdner Bank  
Remittee: Harriet Grzondziel -  
Account number: 02 692 375 00  
BLZ: 100 800 00  
Reason for payment: RM Gael 10.08

The workshop fee of 295€ (until October 2nd 2008) and respectively 325€ be remitted until October 17th 2008 to our bank account.

A cancellation of participation is possible until October 24<sup>th</sup> 2008. In this case a cancellation fee of 50€ will be billed. In case of cancellation after that date the full amount is due, unless a participant from the waiting list steps in. (You may send an alternate participant).

I agree to participation conditions.

Place

Date

Signature